

# **NOVEMBER 24<sup>TH</sup>, 2023**

### **Correlieu Seconday School**

850 Anderson Dr., QUESNEL, B.C. V2J 1G4 TELEPHONE: 992-7007 Principal: Mrs. Marissa Knauf Vice Principal: Mr. Shane Mummery



## **Principal's Message**

Term 1 report cards (now known as Learning Updates) are coming home with students today. Please take a look at your child's progress. If you are concerned about their marks, please contact the school asap so we can set up a meeting to support your child.

There are some changes to reporting this year. You will notice a new document attached to the report card that shares your child's Graduation Status update. The Graduation Status report shows which courses your child has completed, is in the process of completing, and has yet to complete prior to graduation. See the information in this newsletter for more information on the required courses for graduation.

Our school focus for November has been positive mental health. This week is our kindness challenge. It's a pleasure to be able to work with you and your child(ren).

### **Upcoming Dates:**

Nov. 24	Report Cards home
Nov. 27	NI Day (no school for students)
Nov. 28	PAC Meeting @ 6:30 p.m. CSS Library
Nov. 30	Quesnel Youth Travel Club Meeting @ 6:30 p.m. CSS Library
Dec. 12 & 13	Grad Photo Retakes (evenings)
Dec. 19	CSS Music Dept. Winter Concert @ 7 p.m. CSS Theatre
Dec. 22	Last day of school before Winter Break
Dec. 25 - Jan. 5	Winter Break
Jan. 8	First day back after Winter Break
Jan. 15 - Jan. 19	Non-Interruption Week
Jan. 22 - Jan. 26	Provincial Assessments
Jan. 26	End of Semester 1
Jan. 29	First Day of Semester 2



# Next Pac Meeting

## Tuesday Nov. 28th @ 6:30— In the CSS library

We look forward to welcoming new parents to our PAC. Meetings are generally 30 minutes or less. Our executive will be elected at our first meeting. Parents do not need to be on the executive to attend.

# erase = expect respect & a safe education



i need help someone i know needs help i'm worried about something



Family Online Safety Session - Everyone Welcome! Recommended for Parents/Caregivers/Grandparents and youth aged 10 and up.

This session covers all things digital, from how to be a good digital citizen, the criminal consequences of cyberbullying, and how to report and receive support in cases of sexting/sextortion. Some of the most prominent concerns currently surrounding use of social media platforms, smartphones, and artificial intelligence will be discussed.

### STUDENTS and Parents/Caregivers/Grandparents WILL LEARN:

- · Digital media habits, oversharing, and digital addiction
- The permanence of online posts/activity
- The significance of your digital tattoo in how others perceive you (e.g., sports teams, college admissions, and potential employers)
- The importance of caring for peers both online and offline
- Geo-locational settings and the dangers of social media and cell phone misuse
- The social and legal consequences of cyberbullying behaviour as well as possession and distribution of intimate images (sexting and sextortion)
- An anonymous student reporting tool that can help you and your friends stay safe both online and offline

### To register, follow the link:

 $\frac{https://www.eventbrite.ca/e/family-session-establishing-safe-caring-respectful-digital-communities-tickets-765337273387?aff=oddtdtcreator$ 

# **NEWS & EVENTS**

### **TERM 1 LEARNING UPDATES (REPORT CARDS)**

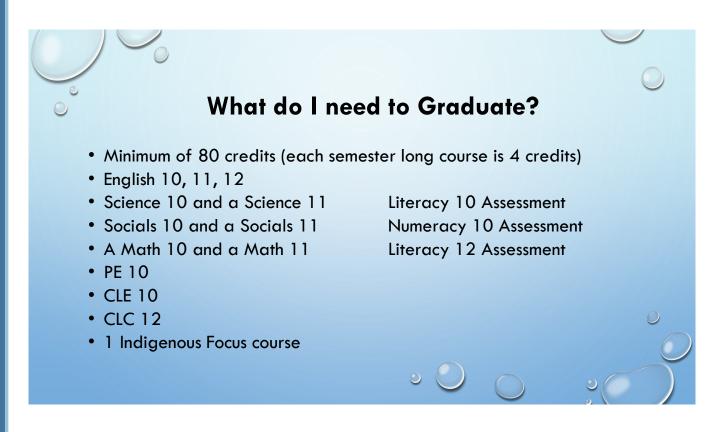
Paper copies of learning updates were distributed to students today along with their graduation status update. Learning updates and graduation status updates have also been posted to the MyEd portal.

### **GRAD PHOTO RETAKES - DEC. 12 & DEC. 13**

Signup sheets for appointment times are in the Career Centre for retakes or for students who missed the first round of photos. Grad photo retake dates are Dec. 12 and 13 (in the evenings). Students - Please take a picture of your appointment time when you sign up as we don't keep track of times in the office. All students graduating should have a photo taken regardless of whether or not they will purchase a photo package. These pictures will be used for the yearbook and the hallway grad 2024 composite photo. Once your photos are taken, you will receive proofs and an order form.

### **GRAD 2024**

Grad dates for this year's graduation are June 21<sup>rd</sup> and June 22<sup>th</sup>. The first meeting for parents regarding graduation planning will be in January.



# **NEWS & EVENTS**

### **ATHLETICS**

The Junior Girls Volleyball team wrapped up their season this month traveling to Prince George for their zone championships. They had a strong season with a lot of growth and improvement. At zones they were able to beat PGSS and win the consolation final.

The Senior Girls Volleyball team had a long road this year as they were moved up to AAAA . As such they traveled to Fort St. John for their zone championships where they placed 2nd overall!

The Senior boys were a development team this year and a lot of personal skill and team work was developed by these athletes. The boys volleyball program is new and this year was about growing strong roots for the program for years to come.

A special thanks to our Teacher coaches that have volunteered their time, knowledge, and mentorship to our student athletes.

Cross country – Scott Trueman & Ella Christieson

Senior Girls Volleyball – Craig Kitamura

Junior Girls Volleyball – Tod Anderson

Senior Boys Volleyball – Geordy Forsythe

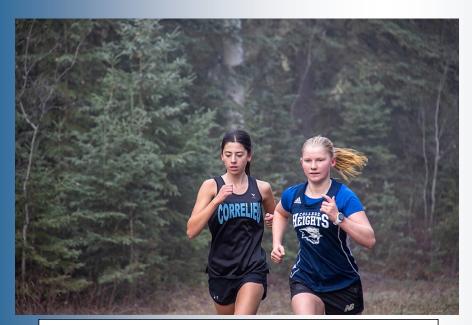
Basketball tryouts have started and will continue for the next week. We are hoping to build on the success from last year.

### **INTRAMURALS**

We had our Volleyball Intramural final this month where we had 8 teams playoff to crown a victor. For the second year in a row (what the kids are calling a "2 peat") the team "Diver City" won the championship! They have already started recruiting for next year in the hopes of a third win. Most sportsmanlike student went to Mika Pollinger.



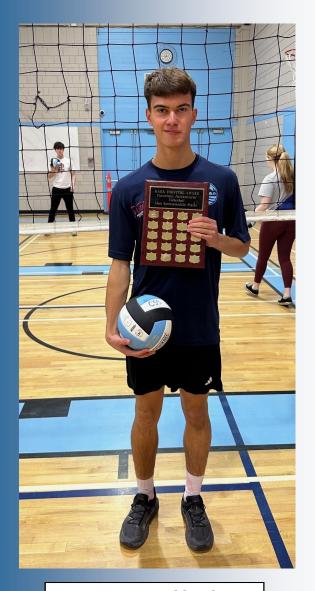
Our Senior Girls with coaches. From left: Scott Trueman (coach), Rome Borsato-Stobbe, Claire Barbosa, Claire Nicholas, Boroka Peter, Ella Christieson (coach).



Claire Barbosa battling against a runner from College Heights

SD #28 XC Zone Team recently travelled to Surrey for the Provincial High School XC Championships. Our CSS team placed 13th out of 19 schools that competed at provincials.

Congratulations to all of our XC runners on their success and improvement over the season.



Most Sportsmanlike player Mika Pollinger



Volleyball Intramural Champions Team "Diver City"



# STUDENT ATHLETE CODE OF CONDUCT



The actions of a student-athlete are a reflection of themselves, their team, their school, and their community. A student's involvement in school sport provides opportunities and experiences that are important to the development of a well-rounded student. **However**, student-athletes must remember that their participation in school sport is a privilege, not a right.

#### STUDENT ATHLETES WILL:

- 1. ABIDE BY THE CORRELIEU CODE OF CONDUCT
- 2. TREAT EVERYONE WITH RESPECT
  - Treat all educators, staff, coaches, teammates, opponents, organizers, volunteers and parents with respect
  - b. Respect and accept, with dignity and class the decisions of officials
  - c. Be generous in winning and graceful in losing

#### 3. CITIZENSHIP

- a. Be a positive role model in the classroom, in the school, and the community
- b. Be on time for, and attend ALL classes
- c. Leaving class earlier than directed by a coach on game day would negate the athlete's ability to participate in that day's game.
- d. further consequences will be determined on a case-by-case basis at the discretion of the Athletic Director, Teacher, and Coach

### 4. SELF CONTROL

- a. There is no place in sport for drugs or alcohol, including tobacco and vaping
- b. Refrain from using foul, profane, racist, or discriminatory language
- c. Refrain from the use of physical force outside the rules of the game

### 5. STUDENT FIRST

a. You are a student first and foremost meaning you are a role-model and representative of the school. If you are not attending and meeting the expectations of the class you are not participating in school sports

"I have read, understood, and will comply with the above"						
Student Name:	(Student Signature)					
Date:	Parent Signature:					

# Correlieu Athletics Gear

İTEM	PRICE (EACH)	How MANY	SIZE (CIRCLE)	Cost
T-SHIRT ORANGE	\$25		XS S M L XL XXL	\$
CORRELIEU	\$25		XS S M L XL XXL	\$
CORRELIEU ATHLETICS	\$25		S M L XL XXL	\$
CURRELIEU  CURRELIEU  ATHLETICS	\$35		XS S M L XL XXL	\$
	\$			

Name (	(printed):		

Payment(circle): CASH CHEQUE

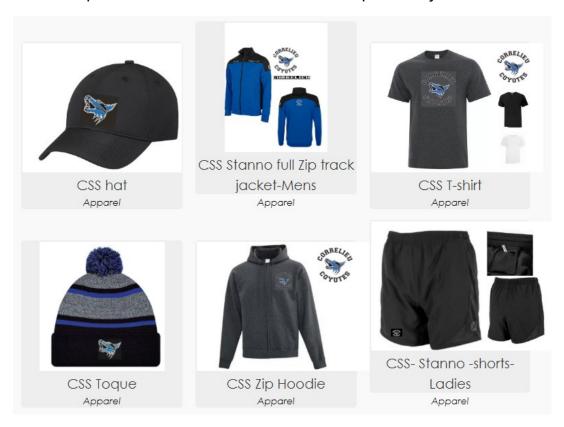
Cheques payable to "Correlicu Secondary School"

\*\*\*Bring form and payment to Stacey in the Office\*\*\*

### **Correlieu Clothing**

Correlieu clothing is available to order from Hello Promotions. There are a variety of items available including hats, jackets, t-shirts, hoodies, shorts and more. To place an order:

- 1) Go to <a href="https://www.hellopromotions.ca/schools/">https://www.hellopromotions.ca/schools/</a> and select Correlieu Secondary School
- 2) Enter the Client Access Code: CSS2023
- 3) Click on the red 'Add New Order' button
- 4) In the 'Ordered By' field, enter your First and Last Name
- 5) In the 'Order Subject' field, enter 'Correlieu'
- 6) Click on the red 'Save Changes' button
- 7) Click on the red 'Add Product' button A popup window will appear with all products available to order
- 8) Click red 'Submit Order' when you are finished adding products
- 9) Please note once the order is submitted, an etransfer for the amount owing must be sent to hellopromotions@shaw.ca in order to process your items





# Join Us!

# **Information Session: Nursing**

Connect with your future instructors and learn all you need to know about the CNC nursing experience. There will be hands-on activities, presentations, and question periods.

WHEN: Nov 30, 2023 5:00 PM - 7:00 PM WHERE:
PG Campus
Lecture Theatre
Room 1-306

### By attending the event, you will:

- Understanding the Nursing Program
- Hear from Northern Health
- Learn about CNC, the Prince George campus, and the various services.
- Drinks, snacks, and chances to win prizes.
- Connect with your future classmates.
- · Meet staff and faculty.
- Receive a free application voucher.

Join the Nursing Info Session.

SCAN ME!



Register for the Information Session by November 30th!



## **Quesnel Youth Travel Club**

has two great trips planned for 2024!

- · Costa Rica Spring Break
- Greece July 2024

### **NEXT MEETINGS:**

Thurs. Nov. 30, 2023 **Correlieu Library** Costa Rica — 6:30 p.m. Greece — 7:30 p.m.

Students must be in grades 9-12 at the time of travel.



For more information, contact Angelina Gauthier, Group Leader, at angelina.gauthier14@gmail.com quesneltravelclub@gmail.com or Ms. Kinloch in the Correlieu Career Centre.

# **NEWS & EVENTS**

### STAY HOME WHEN SICK

If your student is feeling unwell, please ensure they stay home. Please see the pages included in this newsletter from the BC Centre for Disease Control (BCCDC) for what to do if you have COVID-19 symptoms. As per the BCCDC website, as of November 17, 2022, people who test positive for COVID-19 should stay home until their fever has resolved and they feel well enough to participate in daily activities. Thank-you for helping us keep our school healthy!

### LIKE THESE FACEBOOK PAGES TO STAY UP-TO-DATE

There are a few Facebook pages that students/parents/guardians can follow that are updated regularly:

### **Correlieu Secondary School**

https://www.facebook.com/people/Correlieu-Secondary-School/100057637201475/

### School District # 28

https://www.facebook.com/schooldistrict28

### **School District # 28 Transportation**

https://www.facebook.com/SD28Transportation

If your child is a bus student, please check the School District #28
Transportation Facebook page regularly as this is where you can find information regarding bus cancellations and bus delays. If you child is no longer requiring bussing, please call the Transportation Department at 250-992-8361 to open up spaces for students that do require bussing this year.

# C**₩**VID-19 What to do if you have COVID-19 symptoms





Scan the QR code for more information on COVID-19.

### How to get your PCR test results

In Person: Contact a primary care provider, walk-in clinic, or primary care centre. If you do not have a personal health number (PHN), get your results in person.

Text: results.bccdc.ca

Online: gov.bc.ca/healthgateway
Check for results in COVID-19 Tests Results
and Lab Results

Phone: 1-833-707-2792

### Treatment for COVID-19

There are treatments available for people who tested positive for COVID-19 and who are at higher risk of serious illness and needing hospitalization.

If you test positive, check if you may benefit from treatment. Visit **gov.bc.ca/covidtreatments** or call 1-888-268-4319

### **Urgent** care

Go to an urgent care clinic or emergency department if you:

- have difficulty breathing
   feel very sick
- have chest pain
- · feel confused
- can't drink anything

### Stay home if sick

Stay home and away from others until:

- your fever is gone (without the use of medicines that reduce fever like Tylenol), AND
- you feel well enough to return to daily activities.

Avoid close contact with people at higher risk of severe illness or complications from COVID-19.

If you cannot stay away from others while you have symptoms, take these prevention measures:

- wear a mask indoors
- cover your coughs or sneezes with your elbow
- · clean your hands often

If you don't have symptoms, you do not need to stay home or avoid others, regardless of test results.

### Managing symptoms at home

Most people can safely manage their symptoms at home.

- Take rest
- Drink lots of water and fluids
- Use a humidifier or hot shower to ease cough or sore throat
- For fever, take medicine like acetaminophen (Tylenol) or ibuprofen (Advil)

If symptoms worsen or don't improve, call 8-1-1 or visit a health care provider or urgent care clinic.

# C₩VID-19

# What to do if you have COVID-19 symptoms



### Stay home

- · Rest and allow yourself to recover.
- Whenever possible, have family, friends, or a delivery service bring food, medication and other supplies to you.
- Avoid close contact with household members who may be at higher risk of severe illness, such as very young children, elderly, and immunocompromised, if possible.
- You can still do essential chores such as checking your mail or walking your dog.

### If you need to go out

- It is best to walk, ride a bike, or drive yourself.
- If you travel in a car with anyone (in a taxi or a ride share, or even with someone from your household):
  - Everyone should wear a mask
  - Roll down all the windows
  - Everyone should clean their hands before and after the ride

- If you must take public transit:
  - Wear a mask
  - Clean your hands before and after the ride



### If you live with others

- Let everyone at home know you are sick/not feeling well.
- If possible, stay in your own room and use a different bathroom than others.
- If you must be in a room with others:
  - Wear a mask or respirator that covers the nose, mouth and chin to reduce spread.
  - Open windows to increase airflow.
- If eating around others, ensure good respiratory etiquette (cough/sneeze in your sleeve) and avoid close face-to-face contact.

- Everyone should wash hands often with soap and water, or use hand sanitizer.
- · If you share a bathroom:
  - Put down the toilet lid before you flush.
  - Turn on the fan or open the window.
  - Clean handles and faucets after each use.
  - Avoid sharing personal items like toothbrushes and towels.
- Clean and disinfect high-touch surfaces such as door handles, light switches, faucets, phones, computers and remote controls.