



DECEMBER 22ND, 2023

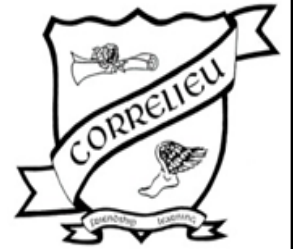
Correlieu Secondary School

850 Anderson Dr., QUESNEL, B.C. V2J 1G4

TELEPHONE: 992-7007

Principal: Mrs. Marissa Knauf

Vice Principal: Mr. Shane Mummery



Principal's Message

Everyone is gearing up for Winter Break at Correlieu. Although the holidays are joyful for most, there are a few people who struggle with their mental health during this time. Please keep a watchful eye on your children, family and friends. Canada has a new 988 phoneline for people who need immediate help and are at risk of harming themselves.

We have also had a few issues regarding sextortion with Correlieu students over the past few months. The Quesnel RCMP are aware of this issue in our community and are there to help. Please read the information in this newsletter regarding sextortion and speak to your children about it. They need to know that if this is happening to them that they are not alone.

When we return in January, we will be three weeks from the end of Semester 1. We will be sending out "at risk of not graduating" letters and emails at the beginning of the month. We will also have our first Grad Parent meeting in January. The date is yet to be announced.

Have a safe and restful holiday!

Upcoming Dates:

Dec. 22	Last day of school before Winter Break
Dec. 25 - Jan. 5	Winter Break
Jan. 8	First day back after Winter Break
Jan. 15 - Jan. 19	Non-Interruption Week
Jan. 22 - Jan. 26	Provincial Assessments
Jan. 26	End of Semester 1
Jan. 29	First Day of Semester 2
Feb. 19	BC Family Day (no school)
Feb. 22 & 23	Lhtako Quesnel BC Winter Games (no school)
Mar. 18 - 29	Spring Break

HAPPY
Holidays!



Next PAC Meeting

Monday Jan. 29th @ 6:30— In the CSS library

We look forward to welcoming new parents to our PAC. Meetings are generally 30 minutes or less. Our executive will be elected at our first meeting. Parents do not need to be on the executive to attend.

Correliou Grad 2024 Clothing Order Form

Order Deadline January 19, 2024

	<p>New Deadline January 19</p> <p>Order form in this newsletter & in the office</p> 	<p>Regular Hoodie Colour Choices</p> <ul style="list-style-type: none">WhiteBlackGrey <p>If you choose the Carhart™ style there is no choice of colour</p>
<p>Option A- Grad</p>	<p>Optional Back (additional \$10)</p>	

??What Do I Need to Graduate??

- **Minimum** of 80 credits (each semester long course is 4 credits)
 - English 10, 11, 12
 - Science 10 **and** a Science 11
 - Socials 10 **and** a Socials 11 or 12
 - Math 10 **and** a Math 11
 - PE10
 - CLE10
 - CLC12
 - 1 Applied Design and Technology course at 10, 11, or 12 level
 - 1 Indigenous Focus course
 - Minimum 28 elective credits throughout Grade 10 to 12
 - 16 credits at the Grade 12 level (Eng12, CLC12 + 2 other Gr12 courses)
- Ministry of Ed Assessments:
Literacy 10 Assessment
Numeracy 10 Assessment
Literacy 12 Assessment

See your counsellor to make sure you have everything done!

NEWS & EVENTS

GRAD ASSESSMENTS - January 22—26, 2023

Any grade 12 students wishing to write their Literacy 12 Assessment early can now sign up in the office. The date for this assessment is January 23, 2023 at 8:30 am. Please see the schedule below for dates/times for all January assessments.

CORRELIEU GRAD ASSESSMENT SCHEDULE

JANUARY 22 – 26, 2024

NME 10 & LTE 10/LTE 10, NME 10, & LTE 12 MAKE UP/LTE 12 Early Write

	MON, JAN 22	TUE, JAN 23	WED, JAN 24	THUR, JAN 25	FRI, JAN 26 Project Completion Day
	8:30am – 11:30am (A BLOCK)	8:30am – 11:30am (C BLOCK)	8:30am – 11:30am (B BLOCK)	8:30am – 11:30am (D BLOCK)	Study Block 8:30 – 9:15 AM
CAREER CENTRE	ADJ	ADJ	ADJ	ADJ	D Block 9:20-10:30 AM
LAB 302	LTE 10 Barry	LTE 10 Barry		NME 10 Barker	
LAB 401	LTE 10 Simpson	LTE 12 (Early Write)	LTE 10/NME 10 (Make-up)		C Block 10:35-11:44 AM
LUNCH (11:30 AM – 12:25 PM)					
	12:30pm – 2:48pm (B BLOCK)	12:30pm – 2:48pm (D BLOCK)	12:30pm – 2:48pm (A BLOCK)	12:30pm – 2:48pm (C Block)	
CAREER CENTRE	ADJ	ADJ	ADJ	ADJ	B Block 12:30-1:37 PM
LAB 302	NME 10 Dodge	LTE 10 Barry	NME 10 Ingstrup	NME 10 Dodge	
LAB 401	LTE 10 Simpson	LTE 10/NME 10 (Make-up)	LTE 10 Forsythe	Make-up (From This Week)	A Block 1:42-2:48 PM
ROOM 207			NME 10 Gupta		

*Please note that students are permitted 3 hours to write their exam so the afternoon classes “may” run past a bus schedule—please arrange alternate transportation

Classes will be in session on all these days and the blocks will follow the same schedule/times as indicated above:

Monday Jan. 22 - A/B

Tuesday Jan. 23 - C/D

Wednesday Jan. 24 - B/A

Thursday Jan. 25- D/C

Friday Jan. 26 is a Project Completion day with our regular block rotation D/C/B/A



Sextortion

What can caregivers and youth do to prevent or deal with Sextortion?

What is Sextortion?

“Sextortion is a form of blackmail where predators threaten to publicly release a victim’s sexual content if the person does not provide money or more intimate images/videos”. Sextortion is a growing problem in our communities and schools. Many school-aged youth are being subjected to this type of blackmail or cyberbullying.

Caregivers and youth need to be aware of these predatory behaviours and learn how to protect themselves/loved ones and deal with this growing concern. Below you will find tips and online resources to help caregivers and youth prevent and deal with sextortion.



How can caregivers help their children?

- 1. BUILD A RELATIONSHIP** - Parents, speak to your children on a regular basis and be aware of what is happening with them. They need to know that they can come to you with any problem... even if they made a mistake. Be proactive and start conversations early on (if your child has online access, they need to be aware). Children need to feel safe to approach their caregivers if they encounter a situation.
- 2. SPEAK TO KIDS ABOUT ONLINE SAFETY** - Sign up for internet safety courses, tutorials and workshops to help educate yourself and your children. Here is a useful resource - <https://thewhitehatter.ca/>
- 3. MAKE SURE YOUR CHILD KNOWS THEY DID NOTHING WRONG** - The blame lies with the perpetrator.
- 4. EMPOWER YOUR CHILDREN** - They have the right to say no, block and report sextortion. Establishing healthy boundaries is important for any relationship.

How can we prevent/stop sextortion?

- 1. EDUCATION IS KEY** - Educate yourself and your children about how the internet and technology works. Do not share images if you do not know where they will end up.
- 2. PREVENTION** - Don't take intimate images and share them online. Once a picture is out there, it is in the hands of someone who may use it against you. "There is no such thing as no one will ever know."



3. BE CAREFUL - It is important for youth to know that sextortion doesn't always happen with a stranger. Friends and former intimate partners can also perpetrate sextortion. Sharing intimate images at any time is a risk.

4. NEVER GIVE IN TO THREATS - To avoid being a victim, never give in to the threat. If you feel threatened or uncomfortable, stop all forms of communication with the individual. Tell an adult you trust immediately.

How can caregivers and youth get help dealing with sextortion?

1. REACH OUT FOR HELP - Tell a parent or school counsellor.

2. TELL THE POLICE - Caregivers and youth should go to the police immediately.

3. HELP - If you experience online sexual violence, you can also report this to the Canadian Center for Child Protection Inc. - <https://needhelpnow.ca/en/>
They can get accounts suspended or removed. They also have access to services for victims such as counselling, therapy and peer support.

4. MENTAL HEALTH - If you are experiencing thoughts of self-harm or suicide please call one of the following helplines (All these helplines are safe places to connect without judgment):

·Kids Help Phone 1-800-668-6868. <https://kidshelpphone.ca/>

·The Canadian government has also created a new helpline: <https://988.ca/>

·You can also access community supports such as school counsellors, police, and the hospital.

The Canadian Center for Child Protection indicates everyone should know that any naked photo or video of anyone under the age of 18 years old is child pornography. Having or distributing child pornography is a serious criminal offence and needs to be reported.

Online Resources:

<https://www.getcybersafe.gc.ca/en>

<https://thewhitehatter.ca/not-just-nudes/>

<https://protectchildren.ca/en/resources-research/trending-resources-timely-support/>

<https://kidshelpphone.ca/>

<https://needhelpnow.ca/en/>

<https://988.ca/>







Digital Artwork by
Thalia DeRaspe
Grade 11



Correlieu Grad 2024 Clothing Order Form

Order Deadline January 19, 2024

		<p>Regular Hoodie Colour Choices White Black Grey</p> <p>-----</p> <p>If you choose the Carhart™ style there is no choice of colour</p>
Option A- Grad	Optional Back (additional \$10)	

Required Order Information:

Your Name (First and Last): _____

Your Contact Phone or text Number: _____

Hoodie Colour

- Black (Blue lettering)
- Grey
- White
- Carhart™ – Please note - due to availability and number of orders received the colour you receive will be a surprise – it could be black, grey or tan – there is no choice

Hoodie Size

- Small
- Medium
- Large
- X-Large
- XX-Large
- XXX-Large

Name on Back (This is Optional and costs and additional \$10):

Name (In Capital Letters): _____

Hoodie Cost: Cheque made out to Correlieu Secondary School

- \$50 (all taxes included) No Name on Back
- \$60 (all taxes included) If you added Name on Back
- \$110 (all taxes included) Carhart™ Hoodie with Logo on the Left Chest (no name on back)

Payment Method

- Cash (Paid to Mrs. Gilbert in Office)
- Cheque (Made out to Correlieu Secondary School)

Please hand forms and payment to Mrs. Gilbert in at Office outside class time.

NEWS & EVENTS

GRAD WRITE-UPS & BABY PHOTOS - Due January 16, 2023



Grade write-ups/quotes are due Tuesday, January 16th. The word limit is 120 words. Appropriate write-ups only. Be kind, be caring and no timestamps allowed.

Please send to cssyearbook2024@gmail.com.

The annual Correlieu yearbook fundraiser is \$20 for a Grad baby picture and 70-word parent write-up. Submit your photo/write-up to cssyearbook2024@gmail.com by Tuesday, January 16th. Please pay Stacey in the office - Cheques payable to Correlieu Secondary School.

GRAD PHOTOS & ORDERING GRAD PHOTOS

Grad photos are in the office for those that got their orders in by the November 17th deadline. Any orders that were handed in after this date will arrive in January.

A reminder that there are no online orders for grad photos. The photographer keeps all photo files for 5 years, so you can place your order (mail it in) at anytime without any extra charges. The November deadline was only for order pickup at the school before the winter break. If you have misplaced the order form that was with your proofs, we have extra forms in the office. Keep your proofs when ordering - you only need to return your proofs to the photographer if you are ordering retakes. The photographer charges \$10 if you order retakes and you don't return the original proofs.

LAST CHANCE FOR GRAD PHOTOS

Right Photography will be here in January or February (date TBA) for a mini-session.

This is only for those students that missed the previous photo dates. This will be a headshot only (for the yearbook/hallway composite photo). No proofs will be provided.



NEWS & EVENTS

ATHLETICS

Basketball is in full swing!

The Senior boys basketball team has already had a busy schedule travelling to the coast and the Okanagan to challenge themselves against some of the province's top competition. They are putting in a lot of hard work and dedication in order to qualify for provincials. The Junior boys basketball team attended a Prince George tournament where they had a good showing and they recently hosted a scrimmage game against College Heights Secondary School and came out the winner. Their schedule continues in the new year.

The Senior Girls team has been practicing and will be playing in games and tournaments beginning in January!

The Ski and Snowboard team is starting practices and is hoping for a lot of snow over the break so they can work towards more provincial championship glory this year.

INTRAMURALS

We have just finished our Basketball Intramurals Championships where "Scarlet's team" came out the winner against Quesnel Lighting and Fixtures in a closely contested game. Samuel Agboji came away with most sportsmanlike since he always played hard and fair when on the court.

In January Badminton Intramurals will start and in February, Pickleball Intramurals will start so dust off those racket skills.





Budapest, Vienna, Prague & Munich

explorica.ca/Gauthier-543

June 30 - July 11, 2025

Day 1 Start tour

Day 2 Helló Budapest

Meet your tour director and check into hotel
Budapest city walk

Day 3 Budapest landmarks

Great Market Hall visit
Budapest guided sightseeing tour: Castle Hill, Royal Palace, Hungarian Parliament, Matthias Church, Fisherman's Bastion

Day 4 Budapest--Vienna

Travel to Vienna
Vienna city walk : Hoher Markt, Altes Rathaus, St. Peter's Church

Day 5 Vienna landmarks

Vienna guided sightseeing tour: Schönbrunn Palace visit, Parliament, Ringstraße, Hofburg, Opera House, St. Stephen's Cathedral visit

Day 6 Vienna--Prague

Travel to Prague via Cesky Krumlov
Cesky Krumlov city walk

Day 7 Prague landmarks

Breakfast
Prague guided sightseeing tour: Hradčany (Prague Castle), St. Vitus Cathedral visit
Prague city walk: Charles Bridge, Mala Strana, Old Town Square, Jewish Quarter

Day 8 Prague--Munich

Breakfast
Munich city walk
Travel to Munich via Dachau
Bavarian bratwurst dinner

Day 9 Munich Landmarks

Linderhof castle tour
Munich guided sightseeing tour: Frauenkirche, Glockenspeil, Nymphenburg Palace visit, Olympic site of 1972

Day 10 Munich

Oberammergau excursion
Neuschwanstein Castle guided visit

Day 11 Munich

Salzburg guided excursion : Salt Mines visit, Mozart's birthplace visit

Day 12 End tour

Reserve your Spot!

Tour Center ID: Gauthier-543

Initial registration deadline: December 21, 2023

What's included

We provide everything you need for a remarkable trip:

- Round-trip airfare
- 8 overnight stays (10 with extension) in hotels with private bathrooms
- Full European breakfast daily
- Dinner daily
- Full-time services of a professional tour director
- Guided sightseeing tours and city walks as per itinerary
- Visits to select attractions as per itinerary
- Tour Diary™
- Local Guide and Local Bus Driver tips; see note regarding other important tips
- Note: On arrival day only dinner is provided; on departure day, only breakfast is provided
- Note: Tour cost does not include airline-imposed baggage fees, or fees for any required passport or visa. Optional excursions, optional pre-paid Tour Director and multi-day bus driver tipping, among other individual and group customizations will be listed as separate line items in the total trip cost, if included.

Tour investment

Students (travellers under the age of 23): \$5,902

Adults (age 23 and over): \$6,567

Price reflects savings of a \$200 travel grant. Sign up by 10/31/2023 and enter code early2025 in order to take advantage of this limited-time offer!

Automatic monthly payment plan

Pay \$50 upon enrolment and the balance will be divided into equal monthly payments, charged automatically to your chequing account. As of October 20, 2023, your monthly payment would be just \$308.00. Manual plan also available; learn more on explorica.ca/paymentplans.

Travel protection

Most Explorica travellers protect their investment with our Travel Protection Plan Plus, which includes a Cancel For Any Reason waiver for only \$25 per day. To learn more, visit explorica.ca/cfar.

Carbon neutral travel with Choose Earth

Our Choose Earth program enables travellers to offset the carbon emissions generated by their travel for \$19, plus our 100% company match. To learn more, visit worldstrides.ca/carbonoffset.

Enrol online,
by phone, or by mail



explorica.ca/Gauthier-543



1.888.378.8845



Download and complete
a paper application on
explorica.ca/resources

←explorica®→
by WorldStrides

3280 Bloor Street West
Suite 901,
Toronto, ON M8X 2X3

Correliou Athletics Gear

ITEM	PRICE (EACH)	HOW MANY	SIZE (CIRCLE)	COST
T-SHIRT ORANGE 	\$25	_____	XS S M L XL XXL	\$ _____
T-SHIRT BLUE 	\$25	_____	XS S M L XL XXL	\$ _____
T-SHIRT GREY 	\$25	_____	S M L XL XXL	\$ _____
HOODIE GREY 	\$35	_____	XS S M L XL XXL	\$ _____
FINAL COST				\$ _____

Name (printed): _____

Payment(circle): **CASH** **CHEQUE**

Cheques payable to "Correliou Secondary School"

Bring form and payment to Stacey in the Office

Correliou Clothing

Correliou clothing is available to order from Hello Promotions. There are a variety of items available including hats, jackets, t-shirts, hoodies, shorts and more. To place an order:

- 1) Go to <https://www.hellopromotions.ca/schools/> and select Correliou Secondary School
- 2) Enter the Client Access Code: CSS2023
- 3) Click on the red 'Add New Order' button
- 4) In the 'Ordered By' field, enter your First and Last Name
- 5) In the 'Order Subject' field, enter 'Correliou'
- 6) Click on the red 'Save Changes' button
- 7) Click on the red 'Add Product' button - A popup window will appear with all products available to order
- 8) Click red 'Submit Order' when you are finished adding products
- 9) Please note once the order is submitted, an etransfer for the amount owing must be sent to hellopromotions@shaw.ca in order to process your items



CSS hat
Apparel



CSS Stanno full Zip track
jacket-Mens
Apparel



CSS T-shirt
Apparel



CSS Toque
Apparel



CSS Zip Hoodie
Apparel



CSS- Stanno -shorts-
Ladies
Apparel

NEWS & EVENTS

STAY HOME WHEN SICK

If your student is feeling unwell, please ensure they stay home. Please see the pages included in this newsletter from the BC Centre for Disease Control (BCCDC) for what to do if you have COVID-19 symptoms. As per the BCCDC website, as of November 17, 2022, people who test positive for COVID-19 should stay home until their fever has resolved and they feel well enough to participate in daily activities. Thank-you for helping us keep our school healthy!

LIKE THESE FACEBOOK PAGES TO STAY UP-TO-DATE

There are a few Facebook pages that students/parents/guardians can follow that are updated regularly:

Correlieu Secondary School

<https://www.facebook.com/people/Correlieu-Secondary-School/100057637201475/>

School District # 28

<https://www.facebook.com/schooldistrict28>

School District # 28 Transportation

<https://www.facebook.com/SD28Transportation>

If your child is a bus student, please check the School District Transportation Facebook page regularly as this is where you can find information regarding bus cancellations and bus delays. **If your child is no longer requiring bussing, please call the Transportation Department at 250-992-8361 to open up spaces for students that do require bussing this year.**



#28
can



Scan the QR code for more information on COVID-19.

How to get your PCR test results

In Person: Contact a primary care provider, walk-in clinic, or primary care centre. If you do not have a personal health number (PHN), get your results in person.

Text: results.bccdc.ca

Online: gov.bc.ca/healthgateway
Check for results in COVID-19 Tests Results and Lab Results

Phone: 1-833-707-2792

Treatment for COVID-19

There are treatments available for people who tested positive for COVID-19 and who are at higher risk of serious illness and needing hospitalization.

If you test positive, check if you may benefit from treatment. Visit gov.bc.ca/covidtreatments or call 1-888-268-4319

Urgent care

Go to an urgent care clinic or emergency department if you:

- have difficulty breathing
- feel very sick
- have chest pain
- feel confused
- can't drink anything

If symptoms worsen or don't improve, call **8-1-1** or visit a health care provider or urgent care clinic.

Stay home if sick

Stay home and away from others until:

- your fever is gone (without the use of medicines that reduce fever like Tylenol), AND
- you feel well enough to return to daily activities.

Avoid close contact with people at higher risk of severe illness or complications from COVID-19.

If you cannot stay away from others while you have symptoms, take these prevention measures:

- wear a mask indoors
- cover your coughs or sneezes with your elbow
- clean your hands often

If you don't have symptoms, you do not need to stay home or avoid others, regardless of test results.

Managing symptoms at home

Most people can safely manage their symptoms at home.

- Take rest
- Drink lots of water and fluids
- Use a humidifier or hot shower to ease cough or sore throat
- For fever, take medicine like acetaminophen (Tylenol) or ibuprofen (Advil)

Stay home

- Rest and allow yourself to recover.
- Whenever possible, have family, friends, or a delivery service bring food, medication and other supplies to you.
- Avoid close contact with household members who may be at higher risk of severe illness, such as very young children, elderly, and immunocompromised, if possible.
- You can still do essential chores such as checking your mail or walking your dog.

If you need to go out

- It is best to walk, ride a bike, or drive yourself.
- If you travel in a car with anyone (in a taxi or a ride share, or even with someone from your household):
 - Everyone should wear a mask
 - Roll down all the windows
 - Everyone should clean their hands before and after the ride
- If you must take public transit:
 - Wear a mask
 - Clean your hands before and after the ride



If you live with others

- Let everyone at home know you are sick/not feeling well.
- If possible, stay in your own room and use a different bathroom than others.
- If you must be in a room with others:
 - Wear a mask or respirator that covers the nose, mouth and chin to reduce spread.
 - Open windows to increase airflow.
- If eating around others, ensure good respiratory etiquette (cough/sneeze in your sleeve) and avoid close face-to-face contact.
- Everyone should wash hands often with soap and water, or use hand sanitizer.
- If you share a bathroom:
 - Put down the toilet lid before you flush.
 - Turn on the fan or open the window.
 - Clean handles and faucets after each use.
 - Avoid sharing personal items like toothbrushes and towels.
- Clean and disinfect high-touch surfaces such as door handles, light switches, faucets, phones, computers and remote controls.

